




October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking weather permitting  (Bistro) 2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	2 8:30am-4pm – Shuttle Bus Around Town 9:30 – Banking & Downtown Shopping 10:30 – Fellowship with First Baptist Church (Bistro) 1:30 – Dollarama & Marks (requisition required) 2:00 – Scramble in the Bistro 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	3 9:30 – Mactier Heritage Museum (reservations required) 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking (weather permitting, proper foot wear & sun protection required) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 6:30 Pub Night – Your Favorite Fall Memory (Bistro)	4 9:00 – So Many Looks & Accessories and Reitmans, Huntsville (Reservations required) 9:30 - Chair Exercise (2 nd Floor Lounge) 10:30 – Fun & Games (2 nd Floor Lounge) 2:00 – The Good Companion – Visit & Coffee 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	5 9:30 – Low Impact Strength & Balance(2 nd Floor Lounge) 10:30 – Strength & Cardio Exercise Class (2 nd Floor Lounge) 12:40 – Shuttle to Senior's Centre 2:30 – Thanksgiving Happy Hour with music by Doug & Ada Maeck 7:00 – Resident Run Cards (Bistro)	6 Activites are Resident Run Today Watch ForThe Good Companion Visit Throughout The Day With Diane 10:30 – Fitness Room 2:00 – Euchre/Cribbage (Bistro) 2:00 – Movie Matinee – Buck Privates (DVD) 7:00 - Cards
7 Activities are Resident Run Today 9:00 – Church at the Gardens - 2nd Floor Lounge 3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Cards (Bistro) 7:00 – Sunday Night Movie – In The Navy (DVD)	8 Thanksgiving Day 10:00– Fun & Games – 2 nd Floor Lounge  (Bistro) 2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Monday Night Movie - Here Comes the Waves (DVD) 	9 8:30am-4pm – Shuttle Bus Around Town 9:30 – Banking & Downtown Shopping (reservations required) 2:00 – Dynacare (requisition required) 2:00 – Rummikub in the Bistro 3:00 – Afternoon Social with Teri (Bistro) 7:00 – Resident Run Cards (Bistro)	10 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking (weather permitting, proper foot wear & sun protection required) 12:45 – Minds In Motion (see Carin) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	11 9:00 – 11:00 – Fall Colour Tour 10:00 – Intergenerational Learning – Career Mentoring, Canadore College 9:30 - Chair Exercise (2 nd Floor Lounge) 10:30 – Fun & Games (2 nd Floor Lounge) 1:00-3:00 Fall Colour Tour 2:00 – The Good Companion – Visit & Coffee 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	12 9:00 – Penningtons Ladies Apparel, Orillia 9:30 – Low Impact Strength & Balance(2 nd Floor Lounge) 10:30 – Strength & Cardio Exercise Class (2 nd Floor Lounge) 12:40 – Shuttle to Senior's Centre 2:30 – Happy Hour with music by Frank, Isabel & Gary 7:00 – Resident Run Cards (Bistro)	13 Activites are Resident Run Today 10:30 – Fitness Room  with Teri (Bistro) 2:00 – Movie Matinee – Hail The Conquering Hero (DVD) 7:00 – Cards
14 Activities are Resident Run Today 9:00 – Church at the Gardens - 2nd Floor Lounge 3:00 - Afternoon Social & Karoke with Mark & Teri (Bistro) 7:00 – Cards (Bistro) 7:00 – Sunday Night Movie – Caught In The Draft (DVD)	15 9:00 – 11:00 – Fall Colour Tour 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking weather permitting 1:00-3:00 Fall Colour Tour  (Bistro) 2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Jimmy's Old Time Radio Show (Bistro)	16 8:30am-4pm – Shuttle Bus Around Town 9:30 – Banking & Downtown Shopping 1:30 – Hart & Northern Reflections 2:00 – Euchre in the Bistro 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	17 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking (weather permitting, proper foot wear & sun protection required) 12:45 – Minds In Motion (see Carin) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 7:30 – Terry Little & The Rhythm Boys (Bistro)	18 9:00 – 11:00 – Fall Colour Tour 9:30 - Chair Exercise (2 nd Floor Lounge) 10:30 – Fun & Games (2 nd Floor Lounge) 2:30 Birthday Party with music by Third Change 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	19 9:30 – Low Impact Strength & Balance(2 nd Floor Lounge) 10:30 – Strength & Cardio Exercise Class (2 nd Floor Lounge) 12:40 – Shuttle to Senior's Centre 2:30 – Happy Hour with music by TBA 7:00 – Resident Run Cards (Bistro)	20 Activites are Resident Run Today Watch ForThe Good Companion Visit Throughout The Day With Diane 10:30 – Fitness Room 2:00 – Euchre/Cribbage (Bistro) 2:00 – Movie Matinee – Francis Joins The Wags (DVD) 7:00 - Cards
21 Activities are Resident Run Today 9:00 – Church at the Gardens - 2nd Floor Lounge 3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Cards (Bistro) 7:00 – Sunday Night Movie – Private War Of Major Benson (DVD)	22 9:00 – Georgian Downs (reservations required) 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking weather permitting  (Bistro) 2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	23 8:30am-4pm – Shuttle Bus Around Town 9:30 – Banking & Downtown Shopping (reservations required) 2:00 – Dynacare (requisition required) 2:00 – Rummikub in the Bistro 3:00 – Pumpkin Painting with Teri & Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	24 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking (weather permitting, proper foot wear & sun protection required) 12:45 – Minds In Motion (see Carin) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 7:00 – An Evening of Music with Gary, Isabel & Friends	25 9:00 – 11:00 – Fall Colour Tour 9:30 - Chair Exercise (2 nd Floor Lounge) 10:30 – Fun & Games (2 nd Floor Lounge) 2:00 – The Good Companion – Visit & Coffee 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	26 9:30 – Low Impact Strength & Balance(2 nd Floor Lounge) 10:30 – Strength & Cardio Exercise Class (2 nd Floor Lounge) 12:40 – Shuttle to Senior's Centre 2:30 – Octoberfest Happy Hour with music by Harbour 7:00 – Resident Run Cards (Bistro)	27 Activites are Resident Run Today 10:30 – Fitness Room  with Teri (Bistro) 2:00 – Movie Matinee – The Perfect Furlough (DVD) 7:00 – Cards
28 Activities are Resident Run Today 9:00 – Church at the Gardens - 2nd Floor Lounge 3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Cards (Bistro) 7:00 – Sunday Night Movie – Swing Vote (DVD)	29 9:00 – 11:00 – Fall Colour Tour 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking weather permitting 1:00-3:00 Fall Colour Tour  (Bistro) 2:00 – Toonie BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run Cards (Bistro)	30 8:30am-4pm – Shuttle Bus Around Town 9:30 – Banking & Downtown Shopping (reservations required) 11:00 –Anglican Service with Reverend Small (Theatre Room) 1:30 – Dollarama & Marks (requisition required) 2:00 – Roulette in the Bistro 3:00 – Afternoon Social (Bistro)	31 9:30 – Stand Up (2 nd Floor Lounge) 11:00 - Outdoor Walking (weather permitting, proper foot wear & sun protection required) 12:45 – Minds In Motion (see Carin) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 5:00 – Early Supper 5:30 – Trick or Treaters (Lobby)			