

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<p>3 Activities are Resident Run Today</p> <p>9:00 – Church at the Gardens - 2nd Floor Lounge</p> <p>3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Resident Run - Cards (Bistro) 7:00 – Sunday Night Movie – Adrift (Netflix)</p>	<p>4</p> <p>9:30 – Gentle Stretching – 2nd floor lounge 10:30 – Fun & Games (2nd Floor Lounge)</p> <p style="text-align: center;"> (Bistro)</p> <p>2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>5 8:30am-4pm – Shuttle Bus Around Town</p> <p>9:30 – Banking & Downtown Shopping 9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 2:00 – Dollarama & Mark's Work Warehouse 2:00 – Scrabble in the Bistro 3:00 – Afternoon Social & Tuck Shop (Bistro)</p>	<p>6</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>7</p> <p>9:00 – Orillia Square Mall (reservations required)</p> <p>9:30 - Gentle Exercise (2nd Floor Lounge) 10:00 – Fun & Games (2nd Floor Lounge) 1:30 – Gardens Choir Practice (2nd Floor) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>1</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge)</p> <p>2:30 – Happy Hour music by Doug & Ada Maeck 7:00 – Resident Run - Cards (Bistro)</p>	<p>2 Activities are Resident Run Today GROUND HOG DAY! Will Wiarton Willie, Shubenacadie Sam & Punxsutawney Phil See Their Shadows? 10:30 – Fitness Room</p> <p style="text-align: center;"> with Teri in the Bistro</p> <p>2:00 – Movie Matinee – Ground Hog Day 3:00 – Afternoon Social (Bistro) 7:00 – Hockey Night in Canada (Theatre Room, Channel 702)</p>
<p>10 Activities are Resident Run Today</p> <p>9:00 – Church at the Gardens - 2nd Floor Lounge</p> <p>3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Resident Run - Cards (Bistro) 7:00 – Sunday Night Movie – Soul Surfer (based on a true story) Netflix</p>	<p>11</p> <p>9:30 Gentle Stretching — 2nd floor lounge 10:30 – Fun & Games (2nd Floor Lounge)</p> <p style="text-align: center;"> (Bistro)</p> <p>2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>12 8:30am-4pm – Shuttle Bus Around Town</p> <p>9:30 – Banking & Downtown Shopping 9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 2:00 – Dynacare 2:00 – Rummycub in the Bistro 3:00 – Afternoon Social & Tuck Shop (Bistro)</p>	<p>13</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge) 1:30 – WalMart (reservations required) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>14 Valentine's Day</p> <p>9:30 - Gentle Exercise (2nd Floor Lounge) 10:00 – Fun & Games (2nd Floor Lounge) 10:00 – Intergenerational Learning at Canadore College - Storytelling 2:30 – Valentines Day Tea & Karaoke (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>15 National Pancake Day</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge)</p> <p>2:30 – Happy Hour music by Harbour 7:00 – Resident Run - Cards (Bistro)</p>	<p>16 Activities are Resident Run Today</p> <p>10:30 – Fitness Room</p> <p style="text-align: center;"> with Teri in the Bistro</p> <p>2:00 – Movie Matinee – My Best Friends Wedding (Netflix) 3:00 – Afternoon Social (Bistro) 7:00 – Hockey Night in Canada (Theatre Room, Channel 702)</p>
<p>17 Activities are Resident Run Today</p> <p>9:00 – Church at the Gardens - 2nd Floor Lounge</p> <p>3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Resident Run - Cards (Bistro) 7:00 – Sunday Night Movie – The Water Horse (netflix)</p>	<p>18 FAMILY DAY</p> <p>10:30 – Fun & Games (In The Lobby with Diane)</p> <p style="text-align: center;"> (Bistro)</p> <p>2:00 – BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>19 8:30am-4pm – Shuttle Bus Around Town</p> <p>9:30 – Banking & Downtown Shopping 9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 2:00 – Hart & Northern Reflections 2:00 – Euchre in the Bistro 3:00 – Afternoon Social & Tuck Shop (Bistro)</p>	<p>20 Buffet Lunch Day</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge) 1:30 – WalMart (reservations required) 1:30 – Gardens Euchre Tournament (Bistro) 3:00 – Afternoon Social (Bistro) 7:30 – Terry Little & The Rhythm Boys`</p>	<p>21 National Cupcake Day</p> <p>9:30 - Gentle Exercise (2nd Floor Lounge) 10:30 – Resident General Meeting (Bistro) 11:00 - Food Meeting (Bistro) 1:15 – Gardens Choir Practice (2nd Floor) 2:30 Birthday Party with music by Third Change (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>22</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – Gentle Stretching (2nd Floor Lounge)</p> <p>2:30 – Happy Hour & Sing-A-Long with Paula 7:00 – Resident Run - Cards (Bistro)</p>	<p>23 Activities are Resident Run Today</p> <p>10:30 – Fitness Room 1:30 – Fun & Games in the Lobby with Valerie 2:00 – Euchre/Cribbage (Bistro) 2:00 – Movie Matinee – Rip Tide (Netflix) 7:00 – Hockey Night in Canada (Theatre Room, Channel 702)</p>
<p>24 Activities are Resident Run Today</p> <p>9:00 – Church at the Gardens - 2nd Floor Lounge</p> <p>3:00 - Afternoon Social with music provided by any resident willing to play(Bistro) 7:00 – Resident Run - Cards (Bistro) 7:00 – Sunday Night Movie – Captains Courageous (Netflix)</p>	<p>25</p> <p>9:30 – Gentle Stretching – 2nd floor lounge 10:30 – Fun & Games (2nd Floor Lounge)</p> <p style="text-align: center;"> (Bistro)</p> <p>2:00 – Toonie BINGO (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Yukon Wild Documentary (Canadore College, sign up sheet at the front desk) 7:00 – Resident Run - Cards (Bistro)</p>	<p>26 8:30am-4pm – Shuttle Bus Around Town</p> <p>9:30 – Banking & Downtown Shopping 9:00 – Low Impact Exercises (2nd Floor Lounge) 10:00 – Low Impact Strength & Balance(2nd Floor Lounge) 11:00– Anglican Service (Theatre/Chapel) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 2:00 – Dynacare 2:00 – Play a Game of Pool 3:00 – Afternoon Social & Tuck Shop (Bistro)</p>	<p>27</p> <p>9:00 – Low Impact Strength & Balance(2nd Floor Lounge) 10:00 - Low Impact Strength & Balance(2nd Floor Lounge) 11:15 – Cardio Exercise Class (2nd Floor Lounge) 1:30 – WalMart (reservations required) 2:30 – Music with Isabel & Gary (Bistro) 2:30 – Gentle Stretching (2nd Floor Lounge) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>	<p>28</p> <p>9:00 – Casino Rama (reservations required)</p> <p>9:30 - Gentle Exercise (2nd Floor Lounge) 10:00 – Fun & Games (2nd Floor Lounge) 1:30 – Gardens Choir Practice (2nd Floor) 3:00 – Afternoon Social (Bistro) 7:00 – Resident Run - Cards (Bistro)</p>		

Please Note: All Outings Are Weather Permitting