



**GARDENS**  
**OF PARRY SOUND**  
RETIREMENT RESIDENCE

# INFORMATION PACKAGE





## Our Mission

At the Gardens of Parry Sound, we are dedicated to providing the best possible retirement living to the Seniors of the community. We strive to fulfill the physical, emotional, social and spiritual needs of our Residents with kindness and respect, while promoting wellness and independence.

The goal is for our Residents be **Happy and Healthy.**

*Living at the Gardens of Parry Sound is similar to living at a resort. We make your meals, we do the dishes and our Residents get to use that free time to do whatever they want to do.*

# Welcome to the Gardens of Parry Sound

Welcome to the Gardens, Parry Sound's newest and finest retirement residence. Located in the northern part of beautiful Parry Sound, we are in close proximity to churches, shopping, parks, medical centres and restaurants.

Our 70 suite residence offers an extraordinary experience in Senior living, in an elegant setting you'll be proud to call home. We invite you to relax and **enjoy your Retirement Years to their fullest.**



## What We Offer

- Peace of Mind
- Stress-Free Environment
- Independence
- Hospitality
- Safety and Security
- Active Social Life



### DINING

Great Tasting Meals

No more cooking needed. Our trained Chefs are here to prepare great tasting meals for you, while our friendly dining staff serve you freshly brewed coffee, drinks and deserts.

The best part of all, we do the dishes.



### ACTIVITIES

Fun Healthy Lifestyle

The Gardens offers a variety of activities and events designed to engage the mind, body and spirit while still being fun.

Our activities are all part of living a happy and healthy lifestyle at the Gardens.



### WELLNESS

Keeping Seniors Healthy

Everyone is different and has different needs. That's why our Wellness Team offers individualized support services along with having professionally trained staff available 24/7. This gives our residents and family peace of mind that someone is always there if needed.

***The Gardens of Parry Sound offers both Independent Living and Assisted Living options. This allows our residents the ability to age-in-place, and security in knowing that additional support is ready and waiting, if ever needed in the future.***

## Independent Living

Our Independent Living option is ideal for Seniors who are looking to stay independent but may want a more social environment or the reassurance that assistance is available if needed.

The Independent Living package includes utilities, three chef prepared meals daily, activity programming, use of all the Gardens amenities, weekly housekeeping and the peace of mind of having a staff member available at the touch of button, day or night, with our included wireless emergency response system.



## Assisted Living

Our Assisted Living option is ideal for Seniors who would benefit from some additional assistance in their daily living tasks.

The Assisted Living package includes all the benefits of the Independent Living package, plus medication administration, assistance with daily activities such as bathing, personal grooming, personal laundry and daily activities.



## Amenities

- Lobby & Lounges
- Chapel & Theatre
- Library & Computer Room
- Private Dining Room
- Building-wide Wireless Internet
- "The Gardens-mobile" for Resident Outings
- Crafts & Gardening Room
- Games & Billiard Room
- Tea & Cocktail Bistro
- Spa Room with Bathtub
- Resident Laundry on every floor
- Landscaped grounds with deck, gardens, gazebos and outdoor seating



## Dining

Dinner is a special time at the Gardens of Parry Sound. Our trained chefs and dietary staff prepare restaurant quality meals with the flavour and personal touches of home. Enjoy our broad seasonal menu, prepared with the freshest ingredients. Offering delicious and nutritious daily meals are all part of making the Gardens both happy and healthy for our residents. You will be proud of invite your family and friends to join you for lunch or dinner.

- Three (3) chef prepared meals daily included
- Special diets accomodated
- Dietian approved menu
- Daily meal choices



## Activities & Events

Without the chores of cooking and cleaning, residents have more energy and time to do what they want to do. At the Gardens, there is always plenty things to do. Our monthly activities calendar offers a wide variety of activities and events which are designed to help residents engage their mind and body.

Regular exercises classes, card games, BINGO, day trips, happy hours and entertainment are some of the many activities our residents enjoy.



## Call us today!

For more information, give the Gardens of Parry Sound a call at **705-746-8558** and schedule a tour.

Seeing is believing and having a tour of the Gardens is the perfect place to start. A tour helps potential residents and their loved ones better understand what the Gardens of Parry Sound has to offer. It also gives you the opportunity to meet staff, other residents and have all of your questions answered.