

January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 NEW YEAR'S DAY Polar Bear Swim Day 10:30 – Televised Chapel Service (Theatre/Chapel Room) 3:00 - Afternoon Social(Bistro) 7:00 – Sunday Night Movie:</p>	<p>2 10:30 – Tai Chi, 2nd floor lounge 1:30 – Fitness Room 2:00 - BINGO (Bistro) 3:00 - Afternoon Social 7:00 – Music with Leann & Karen (Bistro)</p>	<p>3 10:00 – Downtown Shopping & Banking 11:30 – Fitness Room 1:30 – Shuttle to Medical Building for Blood Work - Sign Up at Front Desk 2:30 – Knitting Club (Bisto) 3:00 – Afternoon Social (Bistro)</p>	<p>4 10:30 – Fun & Fitness with Paula, 2nd floor lounge 10:30 – Refresh with Fellowship (Bistro) 1:30 – Walmart (reservations required) 3:00 - Afternoon Social(Bistro) 7:00 – Cards (Bistro) Euchre, Bridge, Cribbage</p>	<p>5 9:00-2:30 WELLNESS CLINIC-2nd floor 10:00 – Bean Bag Toss Tournament 2nd floor lounge 1:30 – Fitness Room 2:00 – Cards (Bistro) Drop In Bridge and/or Euchre 2:00 – Movie Matinee – 3:00 – Afternoon Social (Bistro)</p>	<p>6 9:00-2:30 WELLNESS CLINIC- 3rd Floor 10:30 – Gentle Stretching with Paula, 2nd floor lounge 2:00 – Wheel of Fortune (Theatre Room) 3:00 – Happy Hour with music by Mike Duenkel</p>	<p>7 10:30 – Fitness Room 2:00 – Cards (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Hockey Night in Canada - Toronto vs Montreal</p>
<p>8 10:30 – Televised Chapel Service (Theatre/Chapel Room) 3:00 - Afternoon Social(Bistro) 7:00 – Sunday Night Movie:</p>	<p>9 10:30 – Stand UP! – 2nd Floor Lounge 1:30 – Fitness Room 2:00 - BINGO (Bistro) 3:00 - Afternoon Social (Bistro) Music with Harbour</p>	<p>10 10:00 – Downtown Shopping & Banking 11:30 – Fitness Room 2:00 – Strands – Movie & Popcorn Day at the Parry Sound Penecostal Tabernacle 2:00 – Scrabble (Bistro) 2:30 – Knitting Club (Bisto) 3:00 – Afternoon Social (Bistro)</p>	<p>11 10:30 – Stand UP! - 2nd Floor Lounge 1:30 – Walmart (reservations required) 3:00 - Afternoon Social(Bistro) 7:00 – Cards (Bistro) Euchre, Bridge, Cribbage</p>	<p>12 10:00 – Bean Bag Toss Tourmanent 2nd floor lounge 1:30 – Fitness Room 2:00 – Winter Tea (Dining Room) 3:00 – Afternoon Social (Bistro) 7 pm Line Dancing with Kelsey Bistro Area \$2.00 per participant</p>	<p>13 9:00-2:30 WELLNESS CLINIC 4th floor 10:30 – Tai Chi, 2nd Floor lounge 12:40 – Shuttle to Seniors Centre 1:00 Cards 2:00 – Rummikub (Bistro) 3:00 – Happy Hour with music by Frank, Isabel & Friends</p>	<p>14 10:30 – Fitness Room 2:00 – Cards (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Hockey Night in Canada – Toronto vs Ottawa</p>
<p>15 10:30 – Televised Chapel Service (Theatre/Chapel Room) 3:00 - Afternoon Social(Bistro) 7:00 – Sunday Night Movie:</p>	<p>16 10:00 – Music Pups 10:30 – Stand UP! – 2nd Floor Lounge 2:00 - BINGO (Bistro) 3:00 - Afternoon Social</p>	<p>17 10:00 – Downtown Shopping & Banking 11:30 – Fitness Room 1:30 – Shuttle to Medical Building for Blood Work - Sign Up at Front Desk 2:30 – Knitting Club (Bisto) 3:00 – Afternoon Social (Bistro) with Dot, Bob, Sharon and Paula</p>	<p>18 10:30 – Stand UP! - 2nd Floor Lounge 1:30 – Walmart (reservations required) 3:00 - Afternoon Social(Bistro) 7:00 – Cards (Bistro) Euchre, Bridge, Cribbage</p>	<p>19 10:00 – Bean Bag Toss, 2nd floor lounge 10:30 – Resident Meeting (Bistro) 1:30 – Fitness Room 2:30 – Resident Birthday Party with music by Third Change (Ran Moore) (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 - Line Dancing with Kelsey Bistro Area \$2.00 per participant</p>	<p>20 10:30 – Tai Chi, 2nd Floor lounge 12:40 – Shuttle to Seniors Centre 2:00 – Wheel of Fortune (Theatre Room) 3:00 – Happy Hour with music by Harbour</p>	<p>21 10:30 – Fitness Room 2:00 – Cards (Bistro) 3:00 – Afternoon Social (Bistro) 7:00 – Hockey Night in Canada – Toronto vs Ottawa</p>
<p>22 10:30 – Televised Chapel Service (Theatre/Chapel Room) 3:00 - Afternoon Social(Bistro) 7:00 – Sunday Night Movie:</p>	<p>23 10:00 – Music Pups 10:30 – Stand UP! – 2nd Floor Lounge 1:30 - BINGO (Bistro) 2:30 – Music with Andrea & Kathy 3:00 - Afternoon Social</p>	<p>24 10:00 – Downtown Shopping & Banking 11:30 – Fitness Room 2:00 – Scrabble (Bistro) 2:30 – Knitting Club (Bisto) 3:00 – Afternoon Social (Bistro) Music with Ran and company</p>	<p>25 10:00 – Humming & Strumming with Judy (Theatre Room) 10:30 – Stand UP! - 2nd Floor Lounge 1:30 – Walmart (reservations required) 3:00 - Afternoon Social(Bistro) 7:00 – Cards (Bistro) Euchre, Bridge, Cribbage</p>	<p>26 10:00 – Bean Bag Toss Tournament 2nd floor lounge 1:30 – Fitness Room 2:00 – Cards (Bistro) Drop In Bridge and/or Euchre 2:00 – Movie Matinee – 3:00 – Afternoon Social (Bistro) 7:00- Line Dancing with Kelsey Bistro Area \$2.00 per participant</p>	<p>27 10:30 – Tai Chi, 2nd floor lounge 12:40 – Shuttle to Seniors Centre 2:00 – Rummikub (Bistro) 3:00 – Happy Hour in the Lobby 7:00 – Garden's Howdown with music by "Blake Mahon & The Mahon Family Band"</p>	<p>28 10:30 – Fitness Room 2:00 – Cards (Bistro) 3:00 – Afternoon Social (Bistro)</p>
<p>29 10:30 – Televised Chapel Service (Theatre/Chapel Room) 3:00 - Afternoon Social(Bistro) 7:00 – Sunday Night Movie:</p>	<p>30 10:00 – Music Pups 10:30 – Stand UP! – 2nd Floor Lounge 1:30 – Fitness Room 2:00 - BINGO (Bistro) 3:00 - Afternoon Social</p>	<p>31 10:00 – Downtown Shopping & Banking 10:30- Catholic Mass- Theatre/Chapel Room 11:30 – Fitness Room 2:00 – Scrabble (Bistro) 2:30 – Knitting Club (Bisto) 3:00 – Afternoon Social (Bistro) Entertainment to be announced</p>				

